

DISCOVER YOUR NEXT CHAPTER

Freedom Path Assessment

A self-scoring worksheet from Work at Home Moms Network

Find the work-at-home path that fits your real skills, interests, and life — in about 20 minutes.

How to use this assessment

- 1 Work through Parts 1-5. Score every statement from 1 (not like me) to 5 (very like me).
- 2 Add up each part and write the totals on the scorecard on page 6.
- 3 Read the profile that matches your two highest scores.
- 4 Use the action plan on the last page to choose one path and take the first step.

There is no wrong answer here — only better information about you.

PART 1

Your Skills & Strengths

Rate each statement from 1 to 5. Circle the number that is most true today, not the one you wish were true.

1 = not like me

5 = very like me

People tell me I explain things clearly, in writing or out loud.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I enjoy organizing details, files, calendars, or numbers.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I like making things look good — photos, pages, rooms, products.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I am comfortable learning a new app or tool on my own.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I am good at spotting what a person actually needs and giving it to them.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I finish what I start, even when nobody is checking on me.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Part 1 total (6-30): _____

PART 2

Your Interests & Energy

Rate each statement from 1 to 5. Circle the number that is most true today, not the one you wish were true.

1 = not like me

5 = very like me

I would rather talk to people all day than work alone all day.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I like teaching, coaching, or helping someone get unstuck.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I enjoy shopping, sourcing, or finding a great deal.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I like creating something from scratch more than managing something existing.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I could happily research a topic for hours.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I get energy from variety rather than the same task every day.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Part 2 total (6-30): _____

PART 3

Your Time & Life Season

Rate each statement from 1 to 5. Circle the number that is most true today, not the one you wish were true.

1 = not like me

5 = very like me

I have at least 8-10 predictable hours a week to give this.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I can work during regular business hours if I need to.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

My schedule is steady from week to week.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I can protect a set block of time without interruption.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

I am able to commit to this for the next six months.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

The people I live with support the time this will take.

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

Part 3 total (6-30): _____

PART 4

Your Money Goals & Risk

Rate each statement from 1 to 5. Circle the number that is most true today, not the one you wish were true.

1 = not like me

5 = very like me

I need income within the next 90 days.

1 2 3 4 5

I would rather earn less at first if it means less risk.

1 2 3 4 5

I have some startup money set aside, even a small amount.

1 2 3 4 5

I am comfortable being paid per project rather than on a schedule.

1 2 3 4 5

I want something that can grow beyond my own hours someday.

1 2 3 4 5

I am willing to invest in training or tools that shorten the learning curve.

1 2 3 4 5

Part 4 total (6-30): _____

PART 5

Your Working Style

Rate each statement from 1 to 5. Circle the number that is most true today, not the one you wish were true.

1 = not like me

5 = very like me

I like clear instructions and a defined finish line.

1 2 3 4 5

I am comfortable promoting myself and asking for the sale.

1 2 3 4 5

I would rather build an audience than answer to one client.

1 2 3 4 5

I am patient with slow, compounding results.

1 2 3 4 5

I keep going after a rejection or a flop.

1 2 3 4 5

I prefer systems and repeatable routines over improvising.

1 2 3 4 5

Part 5 total (6-30): _____

YOUR SCORECARD

Add Up Your Results

Write each total below, then circle your two highest parts. Those two point to the profiles on the next page.

Part 1 Your Skills & Strengths

score _____

Part 2 Your Interests & Energy

score _____

Part 3 Your Time & Life Season

score _____

Part 4 Your Money Goals & Risk

score _____

Part 5 Your Working Style

score _____

Reading your scores

24-30 a clear strength — build your path around it.

16-23 workable — this can support your path with a little effort.

6-15 not your leverage right now — don't force it.

YOUR RESULTS

Find Your Freedom Path Profile

Read the profile matching your two highest parts. If you're between two, read both — most people start with one and grow into the other.

The Service Provider

HIGHEST IN PARTS 1 & 4

You have marketable skills and want income soon. Sell your time and expertise directly: virtual assistance, bookkeeping, social media management, customer support, or freelance writing.

First step: list three tasks you already do well and name a price for each.

The Creator

HIGHEST IN PARTS 2 & 5

You like making things and can be patient with compounding results. Blogging, YouTube, print on demand, digital products, and content marketing reward you over time.

First step: choose one topic and one platform, and publish something this week.

The Seller

HIGHEST IN PARTS 2 & 4

You enjoy sourcing, deals, and the thrill of a sale. Reselling, marketplace flipping, Amazon FBA, dropshipping, or handmade products fit you.

First step: list five items or products you could sell in the next 14 days.

The Teacher

HIGHEST IN PARTS 1 & 5

You explain things well and like helping people get unstuck. Courses, coaching, tutoring, memberships, and workshops are your lane.

First step: write the one transformation you can walk someone through.

The Steady Builder

HIGHEST IN PARTS 3 & 4

You want dependable income and a predictable rhythm. Remote employment, contract admin work, cleaning or local service businesses, and affiliate content built slowly all suit you.

First step: pick one dependable income source and apply or launch this month.

YOUR NEXT STEP

Your 30-Day Action Plan

Clarity comes from motion. Fill this in while your results are fresh.

My profile is

The path I'm choosing first

Why this one fits my life right now

The first step I'll take this week

Hours I'll protect each week

What I'll stop doing to make room

How I'll know it's working in 30 days

Keep going

Explore the full library of business ideas, courses, and free tools built for this exact next step at wahmn.com. Start with the Business Ideas library, the free 300 Side Hustles Database, and the Learning Paths page.

Small steps. Big freedom. ♥